

KEY Swimming 2025-26 Season

Welcome to KEY!

We believe that hard work improves swim skills, builds character, and creates lifelong swimmers. Team success takes swimmers, coaches, and parents doing their part. Find practice schedules, meet schedule, and equipment lists on the KEY website.

Questions? Check out our handbook on the KEY website!

Team info and meet sign ups

- KEY website: www.keyswimming.com
- OnDeck mobile app (use alias: oskeys)
- Coach updates at practice and via email
- KEY Facebook and closed parent FB group
- Folders at South Y for meet ribbons
- Meet Mobile app for meet results

Volunteer requirements

It takes over 100 people to run a swim meet! **Each family is required to fulfill a set quota of home meet shifts per season.** Some away meets also require KEY volunteers. **You will be billed \$100 per shift you do not complete.** There is no buyout option. Please do your part.

Championship volunteering requirement

Champs meets require KEY volunteers and these shifts DO NOT count toward your season requirement. **If your swimmer participates you are required to volunteer at champs in addition to shifts worked at regular season meets.**

Suits, caps, and gear

A suit, cap, and goggles of any color are required for practice. Team suits and caps must be worn for meets. Get fitted and order team suits and training equipment in person from Swimville USA on Sept. 28 at South Y or on the Swimville website. Watch your email for custom cap info and order form.

Each swimmer receives one team tshirt with paid registration. Shirts are issued on picture day.

Team pictures Oct. 12, arrive at 4:30 for team shirt, group team photo and optional individual pictures to follow. Watch email for details and order forms.

Important dates*

Order suits/gear

- Sept. 28, 2:00, South Y

Team/individual pictures

- Oct. 12, 4:30, South Y

KEY Fall invitational

- Oct. 17-19

KEY Armed Forces Invitational

- Nov. 7-9

Swimming for Excellence event

- Nov. 2, South Y

Training camp (Blue and Senior groups only)

- Dec. 27-30

KEY Valentine invitational

- Feb. 15, 2026

Spaghetti dinner

- TBD (March 2026)

A Championships

- March 6-8, 2026

AA Championships

- March 13-15, 2026

Zone Championships

- March 20-22, 2026

Short Course Nationals

- Mar. 30 – Apr. 3, 2026

End of season picnic

- TBD, South Y

*subject to change, watch schedule for more meets later

Coaches

Eric Wentzel, Head Coach

Age group coaches

- Mary Taylor
- Brittney Rohr
- Sara Shaghghi
- Maria Derakis
- Abby Fye
- Madison Smith
- Sam Smith
- Chris Price
- Izzy Byer

Senior group coaches

- Eric Wentzel
- Sarah Weidner
- Tony Taphorn
- Brad Isham
- Aric Simpson

Meet schedule

Meet participation is optional but strongly encouraged for all groups. KEY hosts three meets each season at West Carrollton Y. Other YMCA meet dates are added to the schedule as we receive them from host teams.

KEY participates in a few USA Swimming/Ohio Swimming meets. These require USA Swimming/Ohio Swimming membership (included in fees for returning swimmers; Coach Eric will contact new swimmers to set up).

Team hotels

For some travel meets with a prelim/finals format, KEY may reserve a limited block of rooms at a hotel. Links and phone numbers to reserve and pay for your room will be posted on the KEY website.

Championship meets

KEY swims at several championship meets in the spring. All swimmers participate in A champs; qualifying times are needed for AA, Zone, and National champs.

Spirit wear

There is one large sale in mid-fall. Order and pay online directly to the vendor. Orders are distributed at practice. Watch email for details.

Love swim? Become an Official!

Our league is in need of trained volunteers to officiate at meets. Ask a coach for details.

Share your pictures with the team!

In April we mark the end of the short course season with a picnic to recognize all swimmers and graduating seniors. The highlight of the event is a slide show of pictures taken over the season by parents, coaches, and swimmers. Send pictures to key.swimming.slideshow@gmail.com through the season.

Fundraising

KEY does not require families to raise a specific dollar amount; however, several options are presented through the season for families to help, like our Swimming for Excellence event in November. All money goes toward coach training and salaries, training equipment, meet expenses, and events.

Long course season

This runs May through mid-July, with meets in 50-meter pools. Monthly team fees are covered in your paid short course season payments. Optional, but popular and fun!

Board of Directors

- Chris Smith, President, Meet/Event Coordinator
- Keri Hayes, Vice President, Volunteer Coordinator
- Eric Wentzel, Treasurer
- Lynn Jordan, Secretary, Social Event Coordinator
- Eileen Simon, Team Coordinator, Training Camp and Hotels
- Meghan Ewing, Spirit Wear Coordinator, Fundraising
- Michele Evans, Concessions
- OPEN, Hospitality and Event Co-Coordinator
- Susie Litke, Volunteer Co-Chair, Meet/Event Co-Coordinator
- Karlee Ferrier, Social Media/Marketing

KEY Swimming belongs to SWOYSL, the Southwest Ohio YMCA Swim League.

How to Sign-Up for Meets/Team Events

1. Make sure you are signed into Team Unify
2. Find the Events tab

ches Site Map



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SOUTH YMCA - KEY SWIMMING



HOME TEAM INFO ▾ PARENT AND ATHLETE RESOURCES ▾ SWIM GROUPS ▾ TEAM SCHEDULES ▾ **EVENTS**

3. Select Edit Commitment

Team Events General Practices

Event Notes

Current & Upcoming Past & Archived

Search for Events

Oct 18 2024	2024 KEY Fall Invitational 18 October 2024 - 20 October 2024 Event Category: Swim Meet Meet: KEY Fall Invitational	Email Event <input checked="" type="button" value="Edit Commitment"/> Job Signup
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4. Select the swimmer's name

Member Name	Member Commitment	Last Updated
<u>Chris Smith</u> *Active	⊘ Undeclared	
<u>Madison Smith</u> *Active	⊘ Undeclared	

5. From the drop down, select yes or no. In the notes box, put any special comment you would like the coaches to know. For example, what days they cannot attend. Then make sure to save changes.

2024 KEY Fall Invitational (Oct 18, 2024 - Oct 20, 2024 (08:30 PM))

Member Athlete:

Madison Smith

*Declaration

--SELECT--

Notes

(days cannot attend, etc.):

Save Changes

6. Verify your commitment

Click on Member Name to declare for this Event:

VIEW DEMO

Member Name	Member Commitment	Last Updated
Chris Smith *Active	⊘ Undeclared	
Madison Smith *Active	✔ Committed	09/06/24 4:17 AM

Next Step: You Will Need to Sign up for a Volunteer Position

1. Select Job Signup

Team Events | General | Practices

Event Notes

Current & Upcoming | Past & Archived

Search for Events [Q] [Customize Filters]

Oct 18 2024 | 2024 KEY Fall Invitational | 18 October 2024 - 20 October 2024 Event Category: Swim Meet | Meet: KEY Fall Invitational

Email Event | Edit Commitment | **Job Signup**

2. Next, select the job. Please make sure you select the correct AM/PM shift. For the Fall Invitational and Armed Forces Invitational, older swimmers swim in the AM and younger swimmers in the PM session. For the Valentine Invitational, this order is reversed.

☐ Saturday PM Announcer	No	email+sms 1,2	☐ 10/19/2024 - 10/19/2024 (4.00 Hr.): 1 Positions
☐ Saturday PM Awards	No	email+sms 1,2	☐ 10/19/2024 12:00:00 PM - 10/19/2024 04:00:00 PM (0.00 Pts.): 1 Positions
☐ Saturday PM Concessions	No	email+sms 1,2	☐ 10/19/2024 - 10/19/2024 (4.00 Hr.): 3 Positions
☐ Saturday PM Hospitality/Ice Runner	No	email+sms 1,2	☐ 10/19/2024 12:00:00 PM - 10/19/2024 04:00:00 PM (4.00 Hr.): 1 Positions
☐ Saturday PM Officials	No	email+sms 1,2	☐ 10/19/2024 - 10/19/2024 (4.00 Hr.): 10 Positions
☐ Saturday PM Timers	No	email+sms 1,2	☐ 10/19/2024 - 10/19/2024 (4.00 Hr.): 13 Positions
☐ Saturday PM Trash	No	email+sms 1,2	☐ 10/19/2024 12:00:00 PM - 10/19/2024 04:00:00 PM (4.00 Hr.): 2 Positions
☐ Saturday PM T-Shirt Sales	No	email+sms 1,2	☐ 10/19/2024 - 10/19/2024 (4.00 Hr.): 2 Positions
☐ Sunday AM Announcer	No	email+sms 1,2	☐ 10/20/2024 - 10/20/2024 (3.50 Hr.): 1 Positions
☐ Sunday AM Concessions	No	email+sms 1,2	☐ 10/20/2024 - 10/20/2024 (3.50 Hr.): 3 Positions

**** Special Notes –

Your volunteer position has set hours, these hours maybe outside of the time frame that your child swims. You must be available for the entire shift or you can choose someone to help you with your shift, if you need to leave.

Please make sure you are comfortable in the position you choose, for example:

- Set-up or tear down workers must be able to lift 50+ pounds
- Announcers set the pace for the meet. They must be comfortable using a microphone and following the heat sheet and meet status closely for the entire session.
- Runners will be required to drive and pick up items as needed before and during meet sessions.
- Concessions workers must report to that area before the meet starts for set up and prep. You can take turns with other concessions workers to step away briefly to watch your child swim.

Swim Meets 101

Remember to sign up to volunteer at the meet!

What to bring:

- Chairs, blanket for kids to sit on, suit, goggles, swim cap, extra towels, Sharpies, games/distractions, snacks, drinks, cash for concessions, dry clothes, warmer clothes for between events

Travel and Arrival:

- Warm up and meet start/end times will be emailed in the days prior to the meet.
- Allow plenty of time to arrive so your swimmer doesn't miss warm-ups.
- Each team will have a labeled bullpen area for chairs and waiting between events. To ensure space for everyone, please only set up in the area designated for our team.
- Always check in with your coach prior to warm-ups.

Once You are There:

- 1) Obtain a heat sheet and note your child's event information for the entire session. It's best to record your child's event information on their arm (see page 5). This helps swimmers keep track of their events and makes it easier for meet volunteers running the events get swimmers where they are supposed to be.
- 2) Set up your chairs, blankets, etc. and settle in! There will be kids and parents everywhere. During the meet, the coaches will be poolside, coaching. Swimmers will be hanging out with their families and each other.
- 3) Coaches will post relay information after warm-ups are finished – be sure you know if your child is scheduled for a relay.
- 4) After all teams have warmed up the meet will begin.
- 5) Listen for the announcer who will call events. Each event is usually called at least two or three times to allow swimmers to get where they need to be and to keep the meet moving along (usually swimmers 10 and under meet in Clerk of Course to line up for events, while those 11 and older report directly to the blocks). ***** Listening for and getting to events is the responsibility of swimmers and parents. *****
- 6) You may leave after your swimmer's last event; however, PLEASE do not leave if they are scheduled for a relay. If you must leave early, please talk to a coach so they can make adjustments.

Heat Sheets 101:

- Heat sheets are a schedule of the meet session. They tell you all the information that you need to know for your swimmer's individual events. Meets taking place over several days usually have separate heat sheets for each session, available before each session begins.
- Each host team handles heat sheets differently, so be sure to verify how to get one at each meet. Hard copies may be available for purchase or for free, or they may be entirely online through Meet Mobile, or some combination.
- Relay assignments may not be included in heat sheets as swimmers may not be assigned to relays until after warm-ups. ***PLEASE do not leave the meet until you confirm that your child is not in a relay.***

Heats sheets are several pages long. Here is a sample page:

Countryside YMCA

HY-TEK's MEET MANAGER 7.0 - Page 5

2019 Summer Polar Bear Meet Program - Saturday

Event 203 Girls 8 & Under 50 LC Meter Breaststroke

Meet: 54.09 2011 Molly Arneson

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals Starts at 09:17 AM

1	Emma Boyce	8	RCDB-OH	1:13.10
2	Lillian Gaskill	8	CFY-OH	1:08.24
3	Skylar Howell	8	KEY-OH	1:02.44
4	Teagan Stover	8	CY-OH	58.89
5	Aubrey Clark	8	SPY-OH	1:01.89
6	Claire Liu	7	CY-OH	1:06.35
7	Reagan Brown	8	CY-OH	1:09.58

Heat 2 of 4 Finals Starts at 09:18 AM

1	Siena Cukovecki	7	CY-OH	1:23.44
2	Maya Tuladhar	7	CY-OH	1:23.19
3	Cara Gates	7	CY-OH	1:21.15
4	Annie Lucas	7	RCDB-OH	1:14.62
5	Delaney Maines	7	CY-OH	1:16.52
6	Harriett Bommer	7	CFY-OH	1:22.88
7	Harper Coughenour	7	RCDB-OH	1:23.21

Heat 3 of 4 Finals Starts at 09:20 AM

1				
2	Emma Essert	7	CY-OH	NT
3	Isabella Jansen	8	CY-OH	NT
4	Dakota Boyle	8	CY-OH	1:35.96
5	Estella Jackson	8	CY-OH	NT
6	Sara Harnar	8	CY-OH	NT
7	Emma Mullen	7	CY-OH	NT

Heat 4 of 4 Finals Starts at 09:22 AM

1				
2				
3	Gabby Keech	6	KEY-OH	NTY
4	Taylor Abercrombie	7	RCDB-OH	NTY
5	Evelyn Godemann	7	KEY-OH	NTY
6				
7				

Event 204 Boys 8 & Under 50 LC Meter Breaststroke

Meet: 50.25 2012 Brandon Thomas

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 09:23 AM

1				
2	Chase Aquilia	7	CY-OH	1:10.15
3	Wesley Simon	7	KEY-OH	1:08.18
4	Grayden Van Schoyck	7	CY-OH	56.78
5	Finnigan Wilson	8	SPY-OH	58.53
6	Aaron Ko	8	RCDB-OH	1:09.22
7	Gavin Gee	8	CY-OH	1:10.57

Heat 2 of 2 Finals Starts at 09:24 AM

1				
2				
3	Oliver Jansen	6	CY-OH	NT
4	Julien Stiver	8	KEY-OH	1:14.82
5	Ethan Keyes	8	SPY-OH	1:21.89
6				
7				

Event 205 Girls 9-10 50 LC Meter Breaststroke

Meet: 40.14 2013 Molly Arneson

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals Starts at 09:26 AM

1	Charlotte Lucas	10	RCDB-OH	56.64
2	Amelie Smith	10	RCDB-OH	54.89
3	Gabrielle Cain	10	CFY-OH	48.20
4	Laina Lambert	10	SPY-OH	47.01
5	Ellie Perry	10	CY-OH	48.12
6	Charlotte Wentzel	10	KEY-OH	54.69
7	Tabitha Beecroft	10	CFY-OH	55.66

Heat 2 of 5 Finals Starts at 09:27 AM

1	Maddy Murlin	10	HHY-OH	59.45
2	Tara Gibson	9	RCDB-OH	58.67
3	Ruby Clark	10	SPY-OH	57.39
4	Reagan Bryner	9	CFY-OH	57.05
5	Lizzy Cripe	10	CFY-OH	57.10
6	Darby Lefeld	9	AMFY-OH	58.07
7	Julia Crumback	9	CY-OH	58.79

Heat 3 of 5 Finals Starts at 09:28 AM

1	Andie Andress	10	CY-OH	1:07.97
2	Katie Tenbusch	9	CY-OH	1:06.66
3	Maya Slayton	9	GMVY-OH	1:01.49
4	Ava McClung	10	CY-OH	1:00.63
5	Luci Swanson-Bishop	10	CFY-OH	1:01.17
6	Sofie Armstrong	10	HHY-OH	1:03.90
7	Taylor Kaeff	9	HHY-OH	1:07.81

Heat 4 of 5 Finals Starts at 09:29 AM

1				
2	Riley Lucas	9	CFY-OH	1:16.83
3	Kiana Hill	9	CFY-OH	1:14.74
4	Addison Chapa	9	RCDB-OH	1:10.76
5	Abby Guibord	9	CY-OH	1:11.30
6	Gianna Marcum	9	CY-OH	1:16.64
7				

Here is a close-up for a single event. Blue circles indicate the Event, Heat, Lane, and Stroke to write down.

Event 204 Boys 8 & Under 50 LC Meter Breaststroke				
Meet:		50.25	2012	Brandon Thomas
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 09:23 AM				
1				
2	Chase Aquilia	7	CY-OH	1:10.15
3	Wesley Simon	7	KEY-OH	1:08.18
4	Grayden Van Schoyck	7	CY-OH	56.78
5	Finnigan Wilson	8	SPY-OH	58.53
6	Aaron Ko	8	RCDB-OH	1:09.22
7	Gavin Gee	8	CY-OH	1:10.57

Heat 2 of 2 Finals Starts at 09:24 AM

1				
2				
3	Oliver Jansen	6	CY-OH	NT
4	Julien Stiver	8	KEY-OH	1:14.82
5	Ethan Keyes	8	SPY-OH	1:21.89
6				
7				

Arm Writing 101 (Use a Sharpie): E = Event # H = Heat # L = Lane # S = Stroke



Two great ways to support KEY Swimming!

Kroger Community Rewards

<https://www.kroger.com/i/community/community-rewards>

- Link your shopper's card to "South YMCA Key Swimming" (or use code CM591)
- Shop at Kroger
- Key receives money each quarter



Gift card scrip with RaiseRight

<https://www.raiseright.com/enroll?enrollCode=58BA465D798L>

- Create an account (code 58BA465D798L)
- Order gift cards online by **1st Saturday of each month at 11:59 p.m.**
- Pick up cards at South YMCA
- Rebate is applied to your KEY Swimming account

